INTERNAL POWER
3mth Coaching Package

Month 1: Strengths development
Greater self-confidence from truly owning your strengths and talents.
How to leverage your strengths to maximise your impact.

Month 2: What do you really want out of life?
Clarity on values and what’s important to you.
Authentic goal setting to energise your life.
Creating the vision.

Month 3: Developing a powerful purpose.
What’s worth doing even if you fail? Having a purpose bigger than yourself - a mission - is a key to lasting motivation and releasing fear of failure.
At the end of the package you will have:

- a greater sense of self-confidence
- clarity on who you are and what you do best
- a deeper sense of purpose and what impact you want to have on the world.
- a better relationship with yourself
- a Personal Foundation workbook to use as a resource for life decisions

**The Investment**

**Time:** 9 x 40min personal coaching sessions over 3 months

**Energy:** desire to know yourself on a deeper level and have a purposeful impact on the world.

**Finance:** intro offer £295 (regular price £495)

If you are interested in making this investment in yourself then please go [here](#) and schedule a time for us to have a chat and answer any questions you might have about coaching and the program. The introductory offer expires on 31st July 2017.